



**THOMPSON'S**

"Let your taste buds decide"

## PRODUCT SPECIFICATION

**Product Name:** Quiche Lorraine 6 Pack

**Product Code:** 1880

**Size:** 6 x 160g

**Shelf Life:** 4 days

**Ingredients:** Egg, Cream, Wheat Flour, Cheese [Pasteurised Milk, Salt, Cultures, Enzymes, Anticaking Agent (460), Preservative (200)], Water, Bacon: [Pork, Salt, Mineral Salts (451, 450, 452, 331), Maltodextrin (Maize), Antioxidant (316), Sodium Nitrite (250), Flavour, Natural Wood Smoke], Milk Solids, Vegetable Oil, Tomato, Onion, Modified Maize Starch (1422), Parsley, Salt, Spice, Flavour Enhancer (621), Gelatin (Halal), Stabiliser (407a), Emulsifier (471), Raising Agent (920), Vitamins (Thiamin, Folate)

**Nutrition Information:** Servings per package (average): 6  
Serving size (average): 160g

|                     | <b>Ave. Quantity per Serving</b> | <b>% Daily Intake Per serving</b> | <b>Ave. Quantity per 100g</b> |
|---------------------|----------------------------------|-----------------------------------|-------------------------------|
| <b>Energy</b>       | 2010kJ<br>(480Cal)               | 23%                               | 1260kJ<br>(300Cal)            |
| <b>Protein</b>      | 16.5g                            | 33%                               | 10.3g                         |
| <b>Fat , total</b>  | 33.3g                            | 48%                               | 20.8g                         |
| - saturated         | 18.8g                            | 78%                               | 11.7g                         |
| <b>Carbohydrate</b> | 27.8g                            | 9%                                | 17.3g                         |
| - sugars            | 5.8g                             | 6%                                | 3.6g                          |
| <b>Sodium</b>       | 626mg                            | 27%                               | 391mg                         |

*Percentage Daily Intakes are based on an average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs.*

Nutrition data has been calculated in accordance with FSANZ guidelines using raw ingredient information provided by suppliers. Nutrition data is indicative and provided as a guide only.



### Allergen Advisory Statement:

This product contains the following allergens:

- |                                 |                                 |
|---------------------------------|---------------------------------|
| ✓ Cereals containing Gluten     | Peanuts and Peanut Products     |
| ✓ Milk and Milk Products        | Tree Nuts and Tree nut Products |
| Soybeans and Soybean products   | ✓ Egg and Egg Products          |
| Crustacea and their Products    | Fish and Fish Products          |
| Sesame Seeds and their Products | Added Sulphites >10mg/kg        |
| Lupin                           |                                 |

This product is made in an environment that stores and processes products that contain gluten, egg, tree nuts, peanuts, sesame seeds, soybeans, preservatives containing sulphites and milk products. While every diligence is made to ensure allergen control, trace amounts made be found in the finished product.

May contain soybean, sesame seeds, tree nuts

### Storage and Preparation:

Store refrigerated at below 5°C or store frozen at below -18°C.

Thaw from frozen under refrigerated conditions. Once thawed do not refreeze.

Heating Instructions: Oven heating is preferred. Heat in Bag. Oven: Preheat oven to 150°C.

If defrosted, heat for 15-20 minutes. If frozen, heat for 30-35 minutes.

Microwave: (based on 800-watt oven – individual heating). Fresh: High 1 min. Stand 30secs.

Frozen: Defrost 3 mins. High 1.5 mins. Stand 30 secs

### GMO Status:

To our knowledge and information, the above product has not been derived from genetically modified raw ingredients.

### Country Origin:

This product has been made in Australia from at least 77% Australian ingredients.

### Food Safety Certification:

Thompson's Pies is currently certificated by SGS for HACCP. To view a copy of our current certification please visit our website at [www.thompsonspies.com](http://www.thompsonspies.com)

### Disclaimer:

The information contained in this specification is based on data considered to be accurate and reliable as at the date of the specification to the best of the supplier's knowledge and belief. No warranty is expressed or implied regarding the accuracy or correctness of the data contained in this specification.